

## Year 13 National Diploma in Sport



### What have students at St. Crispin's been taught to understand and be able to do?

Students have been taught a wide range of topics and concepts related to sport and physical activity. Students need to be able to apply these to a range of sporting activities and vocational aspects of the sports sector.

Core Knowledge	Core Skills
Anatomy & Physiology	The vocational nature of BTEC courses
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<ul> <li>Industry</li> <li>Understand the career and job opportunities in the sports industry</li> <li>Explore own skills using a skills audit to inform a career development action plan</li> <li>Wo to undertake a recruitment activity to demonstrate the processes that can lead to a successful job offer in a selected career pathway</li> <li>How to reflect on the recruitment and selection process and your individual performance.</li> </ul>	

## Year 13 National Diploma in Sport continued

#### Core Knowledge

#### **Sports Leadership**

23

- Understand the roles, qualities and characteristics of an effective sports leader
- Examine the importance of psychological factors and their link with effective leadership
- Explore an effective leadership style when leading a team during sport and exercise activities.

#### **Sport Event Organisation**

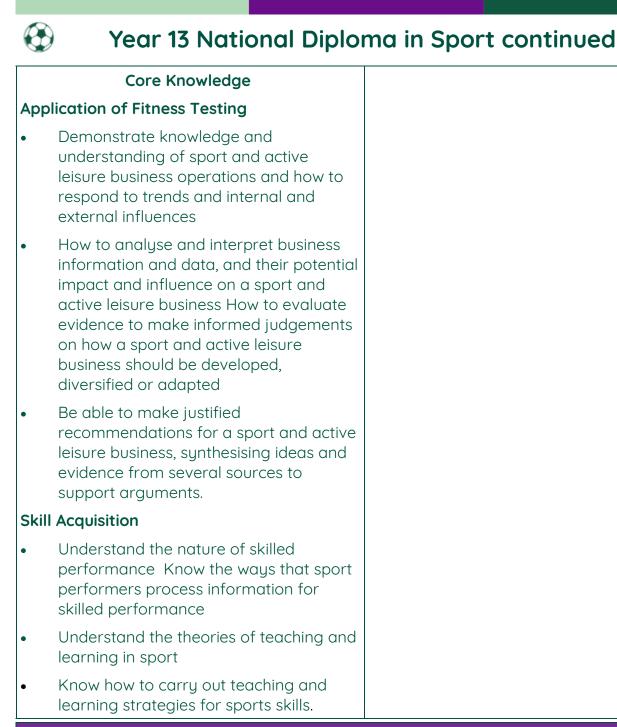
- Understand how different types of sports events are planned and delivered
- How to construct a proposal for a sports event for implementation approval
- How to undertake the planning, promotion and delivery of a sports event
- How to review the planning, promotion and delivery of a sports event and reflect on your own performance.

#### Sports Psychology

- Understand how personality, motivation and competitive pressure can affect sport performance
- The impact of group dynamics in team sports and its effect on performance
- Understand psychological skills training programmes designed to improve performance.

#### **Application of Fitness Testing**

- Understand the principles of fitness testing Explain the fitness tests for different components of fitness
- How to undertake evaluation and feedback of fitness test results
- Investigating Business in the Sport and Active Leisure Industry.



How has learning been assessed?

BTEC Nationals are assessed using a combination of internal assessments, which are set and marked by teachers, and external assessments which are set and marked by Pearson:

- mandatory units have a combination of internal and external assessments
- all optional units are internally assessed

### Anatomy & Physiology

Assessment: 1.5hr examination (externally assessed)

### Fitness Training & Programming

Assessment: 2.5hr examination (externally assessed)



# Year 13 National Diploma in Sport continued



## How has learning been assessed?

Professional Development in the Sports Industry	
Assessment: 4 coursework tasks (internally assessed)	
Sports Leadership	
Assessment: 3 coursework tasks (internally assessed)	
Sport Event Organisation	
Assessment: 4 coursework tasks	
Sports Psychology	
Assessment: 3 coursework tasks	
Application of Fitness Testing	
Assessment: 3 coursework tasks	
Investigating Business in the Sport and Active Leisure Industry	
Assessment: 3 hour examination	
Skill Acquisition	
Assessment: 4 coursework tasks.	