



Year 8 Physical Education



What have students at St. Crispin's been taught to understand and be able to do?

Students have been taught more advanced rules, regulations, skills strategies and tactics in a variety of increasingly competitive situations. They should be able to select and apply these skills and a tactics to a variety of more complex situations successfully and evaluate their own **HEALTH AND WELLBEING** within **PE**.

Core Knowledge	Core Skills
<p style="text-align: center;">Physical ME</p> <p>Understand how to apply skills effectively increasingly competitive situations</p> <p>Understand how to apply more advanced tactics effectively in a variety of sports.</p>	<p style="text-align: center;">Physical ME</p> <p>Demonstrates skills in more competitive situations with control and accuracy</p> <p>Chooses, links and combines skills with control and coordination</p> <p>Apply fundamental movement skills in different activities</p> <p>Apply simple tactics to activities and game.</p>
<p style="text-align: center;">Cognitive ME</p> <p>Suggest how different tactics and ideas can be applied in activities</p> <p>Understand how to demonstrate good levels of imagination and creativity in performance.</p>	<p style="text-align: center;">Cognitive ME</p> <p>Suggest how different tactics and ideas can be applied in activities</p> <p>Demonstrate good levels of imagination and creativity in performances.</p>
<p style="text-align: center;">Healthy ME</p> <p>Understand why it is important to exercise regularly</p> <p>Understand and demonstrates the short- and long-term effects of exercise.</p>	<p style="text-align: center;">Healthy ME</p> <p>Can remain active for longer periods of time</p> <p>Can design and carry out effect exercise plans to improve their own involvement in sport.</p>
<p style="text-align: center;">Social ME</p> <p>Makes suggestions on how to improve their own and others' performance</p> <p>Understand how to provide constructive feedback to others</p> <p>Understand how to officiate, communicating effectively.</p>	<p style="text-align: center;">Social ME</p> <p>Communicates and works collaboratively with others</p> <p>Lead others with little support when organising or officiating activities.</p>



Year 8 Physical Education continued



What have students at St. Crispin's been taught to understand and be able to do?

Core Knowledge	Core Skills
<p data-bbox="336 443 533 474" style="text-align: center;">Affective ME</p> <p data-bbox="129 521 756 595">Understand how to show fair play, respect and support for other pupils in the class</p> <p data-bbox="116 642 767 757">Demonstrate self-control and responsibility and how to control feelings when winning or losing</p> <p data-bbox="137 804 746 954">Demonstrate knowledge of the concept curriculum and how it can benefit their own HEALTH AND WELLBEING in PE and beyond with particular reference to:</p> <ul style="list-style-type: none"> <li data-bbox="220 1001 651 1032">Mental Health and Wellbeing <li data-bbox="213 1039 660 1070">Physical Health and Wellbeing <li data-bbox="229 1077 644 1108">Social Health and Wellbeing <li data-bbox="309 1115 564 1146">Diet and Nutrition 	<p data-bbox="1038 443 1235 474" style="text-align: center;">Affective ME</p> <p data-bbox="802 521 1481 595">Shows fair play, respect and support for other pupils in the class</p> <p data-bbox="839 642 1437 674">Controls feelings when winning or losing.</p>

How has learning been assessed?

Learning is assessed formatively through:

- personal study 'quiz' tasks on rules, regulations, basic skills, strategies and tactic's
- AFL methods in lessons
- Teacher observation
- ME in PE Framework
- Peer assessment.

Student engagement is assessed summative through 'exit quizzes' at the end of each concept curriculum unit.

What is coming up in the following year?

Students will develop their knowledge and skills of the 5 assessment area's in the **ME in PE** framework though a broad and balanced curriculum

The concept curriculum will develop student's knowledge of **LEADERSHIP** through them experiencing themes based upon:

- Attitudes & Behaviours
- Effective Teams
- Self-Reflection
- Power of Positivity.