



Year 9 Physical Education



What have students at St. Crispin's been taught to understand and be able to do?

Students have been taught advanced rules, skills and techniques, strategies and tactics in a variety of fully competitive situations. They should be able to select and apply these skills and a tactics to a variety of complex situations successfully and evaluate their own level of **LEADERSHIP** within **PE**.

Core Knowledge

Physical ME

Understand how to changes tactics strategies and skills to suit changing competitive situations.

Be able to choose, link and combine skills and techniques in different situations.

Cognitive ME

Understand how to use and adapt advanced tactics, rules and ideas in different situations

Understand how to transfer knowledge, adapt and apply this to new/different activities.

Healthy ME

Understands and uses the principles of training to improve fitness

Understand how to promote active healthy lifestyle habits.

Social ME

How to set realistic and challenging goals

How to take initiative to lead when officiating or leading activities.

Affective ME

How to manage emotions during challenging situations.

Understand how to support others in their learning and recognises their needs.

Core Skills

Physical ME

Chooses, links and combines advanced skills and techniques in a range of situations with exceptional control and coordination

Change skills to suit different situations having a highly influential effect in competitive situations.

Cognitive ME

Uses and adapts advanced tactics, rules and ideas in different situations

Reflects on choices made outlining what worked well, what could have been better and why

Demonstrates effective decision making under pressure in different activities.

Healthy ME

Apply an understanding of H and F by participating in sustained physical activity within and outside of school.

Social ME

Show high levels of confidence, organisation and communication when leading

Sets up and run practices and activities to improve a performance.

Affective ME

Demonstrates high levels of self-confidence

Demonstrates clear positive values when participating and leading.



Year 9 Physical Education continued



What have students at St. Crispin's been taught to understand and be able to do?

Core Knowledge continued	Core Skills
<p style="text-align: center;">Affective ME</p> <p>Importance of following rules and etiquette in competitive games and activities.</p> <p>Demonstrate knowledge of the concept curriculum and how it can benefit their own LEADERSHIP in PE and beyond with particular reference to:</p> <ul style="list-style-type: none"> • Attitudes & Behaviors • Effective Teams • Self-Reflection • Power of Positivity 	

How has learning been assessed?

Learning is assessed formatively through: personal study 'quiz' tasks on rules, regulations, basic skills, strategies & tactics.

- AFL methods in lessons
- Teacher observation
- ME in PE Framework
- Peer assessment

Student engagement is assessed summative through 'exit quizzes' at the end of each concept curriculum unit.

What is coming up in the following year?

Students will develop their knowledge and skills of the 5 assessment areas in the ME in PE framework through a broad and balanced curriculum.

The concept curriculum will develop student's knowledge of **ASPIRATIONS AND EMPLOYABILITY** through them experiencing themes based upon:

- Employability
- Fulfilling Potential
- Emotional Intelligence
- Redefining Competition.