



Year 8 Physical Education



What have students at St. Crispin's been taught to understand and be able to do?

Students have been taught more advanced rules, regulations, skills strategies and tactics in a variety of increasingly competitive situations. They should be able to select and apply these skills and a tactics to a variety of more complex situations successfully and evaluate their own **HEALTH AND WELLBEING** within **PE**.

Core Knowledge	Core Skills
<p data-bbox="347 674 529 707" style="text-align: center;">Physical ME</p> <p data-bbox="134 757 751 831">Understand how to apply skills effectively increasingly competitive situations</p> <p data-bbox="129 880 759 987">Understand how to apply more advanced tactics effectively in a variety of sports.</p> <p data-bbox="338 1037 539 1070" style="text-align: center;">Cognitive ME</p> <p data-bbox="118 1117 767 1191">Suggest how different tactics and ideas can be applied in activities</p> <p data-bbox="105 1240 775 1314">Understand how to demonstrate good levels of imagination and creativity in performance.</p> <p data-bbox="347 1364 529 1397" style="text-align: center;">Healthy ME</p> <p data-bbox="129 1447 751 1520">Understand why it is important to exercise regularly</p> <p data-bbox="105 1570 775 1644">Understand and demonstrates the short- and long-term effects of exercise.</p> <p data-bbox="363 1693 513 1727" style="text-align: center;">Social ME</p> <p data-bbox="121 1776 767 1850">Makes suggestions on how to improve their own and others' performance</p> <p data-bbox="145 1899 743 1973">Understand how to provide constructive feedback to others</p> <p data-bbox="113 2022 767 2096">Understand how to officiate, communicating effectively.</p>	<p data-bbox="1050 674 1232 707" style="text-align: center;">Physical ME</p> <p data-bbox="847 757 1437 831">Demonstrates skills in more competitive situations with control and accuracy</p> <p data-bbox="799 880 1485 954">Chooses, links and combines skills with control and coordination</p> <p data-bbox="874 1003 1406 1077">Apply fundamental movement skills in different activities</p> <p data-bbox="815 1126 1461 1160">Apply simple tactics to activities and game.</p> <p data-bbox="1038 1207 1238 1240" style="text-align: center;">Cognitive ME</p> <p data-bbox="815 1290 1469 1364">Suggest how different tactics and ideas can be applied in activities</p> <p data-bbox="810 1413 1477 1487">Demonstrate good levels of imagination and creativity in performances.</p> <p data-bbox="1050 1536 1227 1570" style="text-align: center;">Healthy ME</p> <p data-bbox="810 1619 1469 1653">Can remain active for longer periods of time</p> <p data-bbox="834 1702 1453 1776">Can design and carry out effect exercise plans to improve their own involvement in sport.</p> <p data-bbox="1066 1850 1214 1883" style="text-align: center;">Social ME</p> <p data-bbox="802 1933 1485 2007">Communicates and works collaboratively with others</p> <p data-bbox="879 2056 1406 2130">Lead others with little support when organising or officiating activities.</p>



Year 8 Physical Education continued



What have students at St. Crispin's been taught to understand and be able to do?

Core Knowledge	Core Skills
<p data-bbox="336 439 536 472">Affective ME</p> <p data-bbox="129 519 756 595">Understand how to show fair play, respect and support for other pupils in the class</p> <p data-bbox="116 640 767 754">Demonstrate self-control and responsibility and how to control feelings when winning or losing</p> <p data-bbox="137 799 745 954">Demonstrate knowledge of the concept curriculum and how it can benefit their own HEALTH AND WELLBEING in PE and beyond with particular reference to:</p> <ul data-bbox="212 999 660 1153" style="list-style-type: none"> Mental Health and Wellbeing Physical Health and Wellbeing Social Health and Wellbeing Diet and Nutrition 	<p data-bbox="1059 360 1222 394">Core Skills</p> <p data-bbox="1038 439 1238 472">Affective ME</p> <p data-bbox="799 519 1481 595">Shows fair play, respect and support for other pupils in the class</p> <p data-bbox="836 640 1437 674">Controls feelings when winning or losing.</p>

How has learning been assessed?

Learning is assessed formatively through:

- personal study 'quiz' tasks on rules, regulations, basic skills, strategies and tactic's
- AFL methods in lessons
- Teacher observation
- ME in PE Framework
- Peer assessment.

Student engagement is assessed summative through 'exit quizzes' at the end of each concept curriculum unit.

What is coming up in the following year?

Students will develop their knowledge and skills of the 5 assessment area's in the **ME in PE** framework though a broad and balanced curriculum

The concept curriculum will develop student's knowledge of **LEADERSHIP** through them experiencing themes based upon:

- Attitudes & Behaviours
- Effective Teams
- Self-Reflection
- Power of Positivity.