



# Year 10 Health and Social Care



What have students at St. Crispin's been taught to understand and be able to do?

## Core Knowledge

### Component 1

#### Human Lifespan Development

- Understand how individuals develop physically, emotionally, socially and intellectually over time
- Understand how various factors, events and choices impact individuals' growth and development
- Understand how people adapt to life events and cope with making changes.

### Component 2

#### Health and Social Care Services and Values

- Learn which health and social care services are available
- Identify why people might need to use these services
- Understand who's involved in providing these services
  - Understand what might stop people from accessing the services they need
- Explain care values the sector has to make sure people get the care and protection they need.

### Component 3

#### Health and Wellbeing

- Learn what 'being healthy' means to different people
- Understand the different factors that might influence health and wellbeing
- Be able to identify key health indicators and how to interpret them
- Know how to assess an individual's health using what they've learned
  - Be able to create a health and wellbeing improvement plan for that person, which includes targets and recommendations of support services available
- Know how to reflect on the potential challenges the person may face when putting the plan into

## Core Skills

The award gives learners the opportunity to develop sector-specific skills in a practical learning environment.

The main focus is on four areas of equal importance, which cover the:

- development of key skills that prove your aptitude in health and social care such as interpreting data to assess an individual's health
- process that underpins effective ways of working in health and social care, such as designing a plan to improve an individual's health and wellbeing
- attitudes that are considered most important in health and social care, including the care values that are vitally important in the sector, and the opportunity to practise applying them
- knowledge that underpins effective use of skills, process and attitudes in the sector such as human growth and development, health and social care services, and factors affecting people's health and wellbeing.



## Year 10 Health and Social Care continued



### How has learning been assessed?

The three components in the qualification give learners the opportunity to develop broad knowledge and understanding of Health and Social Care at Levels 1 and 2.

#### Internal assessment

Components 1 and 2 are assessed through internal assessment. Internal assessment for these components has been designed to relate to achievement of application of the conceptual underpinning for the sector through realistic tasks and coursework activities. This style of assessment promotes deep learning through ensuring the connection between knowledge and practice.

Each component is worth 30% of the final grade.

#### External Assessment

The external assessment is a 2 hour examination worth 60 marks. It requires learners to demonstrate that they can identify and use effectively an appropriate selection of skills, techniques, concepts, theories and knowledge from across the whole qualification in an integrated way.

This component is worth 40% of the final grade.

### What is coming up in the following year?

Students will have to opportunity to develop their interest in Health & Social Care through studying the Level 3 course in the Sixth Form.