

**Full Bubble Closure**

**Enhanced Remote  
Learning  
Advice and Guidance**

**For Parents / Carers  
2020 - 2021**

**St. Crispin's  
Excellence for all**





## Remote Learning Advice and Guidance for Parents and Carers



In the event of a full bubble closure students must follow their **normal school timetable**. Students will have live teaching for every lesson. This may not be for the full hour as we want to encourage the students to work away from their screens. For example they a teacher may do some initial input and instructions for 15 mins and then ask the students to complete the work independently and then come back for a plenary for the last 10 mins of the lesson. Timings will be at the discretion of the teacher.

A narrated PowerPoint can be found [here](#) outlining the key details of our provision.

### What do we expect of your child each day?

- ✓ They log into Microsoft Teams and join the lesson every day at the required times. They will not have live teaching for the whole of the hour. A register of attendance will be kept and if they do not attend this will be followed up by your teacher or Head of Year.
- ✓ They conduct themselves in an appropriate manner in line with the school behaviour policy, behaving respectfully towards the teacher and other students in the online class.
- ✓ That they try and engage with the live teaching by answering questions and taking notes where required
- ✓ They should complete the independent work to the best of their ability
- ✓ They should submit the independent work in line with their teacher's instructions
- ✓ We will keep a register of those students who do not attend and this will be followed up by the class teacher

## Help & Support

Below are some help videos which may help you to support your son / daughter:

- How to access Teams <https://youtu.be/Z8GxhPimVlc>
- How to complete assignments (crucial for personal study) <https://youtu.be/x6PrKnpGjU44>
- How to view feedback <https://youtu.be/Qs4NaBL5H5A>
- How to join meetings or 'Spotlight' lessons [https://youtu.be/T-85su\\_JZ5Q](https://youtu.be/T-85su_JZ5Q)
- How to split your screen <https://youtu.be/JHcPpGi7Zl4>

If they complete all the work set then please do signpost them to the following websites where they can find additional work to complete. There are more detailed subject specific websites recommended by teachers in the student guidance booklet.

- All subjects [www.bbc.co.uk/bitesize/secondary](http://www.bbc.co.uk/bitesize/secondary)
- All subjects [www.thenational.academy/](http://www.thenational.academy/)
- Maths <https://login.mymaths.co.uk/login>
- Science [www.kerboodle.com/users/login?user\\_return\\_to=%2Fapp](http://www.kerboodle.com/users/login?user_return_to=%2Fapp)
- Science <https://sites.google.com/hotmail.com/st-crispins-exam-bank/home>
- English [www.crispins.co.uk/st-crispins-remarkable-reading-challenge/](http://www.crispins.co.uk/st-crispins-remarkable-reading-challenge/)

## How Can I support My Child?



Ensure that your child follows their school learning timetable and that they join in all the online lessons in a punctual fashion, following the online behaviour expectations. Please provide them with a quiet place to complete their work, free from distractions.



Encourage them to complete the independent work from all their other subjects in the allocated time and to use the study periods to catch up on any work not completed. You will receive a weekly report of work that has been completed and work that is outstanding



Even if they cannot complete the remote work encourage them to at least attempt the task. If they are utterly stuck encourage them to email their class teacher in the first instance.



Encourage your child to use study periods productively. They can use it in a variety of ways such as, to complete work from the lessons that day or to do some challenge work, using the recommended websites which they can find in their booklets.

### Head of Year

The Head of Year will follow up on students who are not engaging with the online learning. You or your child are welcome to email the Head of Year or subject teacher (if you need any guidance on home learning. In addition please do let the head of year know if your child is ill and unable to complete work.



Let us know if you have issues accessing the work. We are here to help.



### **Students with Education Health Care Plans (EHCP) and those on the SEN register.**

We recognise some students and especially those with special educational needs will find remote learning especially difficult. Members of the Learning Support Department are available to support your child as much as they are able within the challenges of home learning. Members of the Learning Support department will have made or will be making direct contact with you via telephone over the next week to check on progress. In the meantime if you have any questions or queries regarding provision please contact our SENCO Sue Towler [towlers@crispins.co.uk](mailto:towlers@crispins.co.uk) if your child needs help from an LSA they can email [LSA@crispins.co.uk](mailto:LSA@crispins.co.uk)

### **Safeguarding Advice**

As the students are now using an array of online learning during this new normal, there is an increased risk of them falling victim to predators seeking to groom or exploit the young.



We are ensuring that the websites that we are recommending are safe for our students. However, sadly, with advanced technology comes a greater opportunity for systems to be bypassed and we have already heard of incidents nationally where people claiming to be 'online tutors' have attempted to engage with young people.

### **Please could we ask for your support in keeping your child safe from harm in following the guidance below:**

- Take time to monitor your child's online activity. Visit [www.thinkyouknow.co.uk](http://www.thinkyouknow.co.uk) with your child. Think You Know is run by CEOP and provides age-appropriate help and guidance to children about how to stay safe online.
- Ensure your child is only using their school's online learning portals or established, trusted websites (for example BBC Bitesize)
- Not to respond to any offers of online tutoring from people you don't know, be it via email or social media, even if it has been shared by friends/contacts
- Remind your son or daughter that should anyone try to contact them as an individual they should tell an adult
- Report anything suspicious to the Child Exploitation and Online Protection command (CEOP) via [www.ceop.police.uk](http://www.ceop.police.uk) (there is also advice and guidance about reporting on this site)
- Please take some time to have a conversation with your child/children and ensure that they are engaging in safe on-line activity now and always.
- Should you have any concerns with regards to the safety of your child or others, please do not hesitate to contact Mr Blyth (Deputy Head – Designated Safeguarding Lead)

**Safe  
online**

## Useful Contacts

Safeguarding	Mr Blyth	<a href="mailto:blythr@crispins.co.uk">blythr@crispins.co.uk</a>
Remote Learning	Mrs Sharma	<a href="mailto:sharmak@crispins.co.uk">sharmak@crispins.co.uk</a>
Pupil Premium Grant	Mr Hudson	<a href="mailto:hudsonj@crispins.co.uk">hudsonj@crispins.co.uk</a>

### Your child's Head of Year:

Year 7	Mr Wheatcroft	<a href="mailto:wheatcroftj@crispins.co.uk">wheatcroftj@crispins.co.uk</a>
Year 8	Mrs Harvey	<a href="mailto:smitha@crispins.co.uk">smitha@crispins.co.uk</a>
Year 9	Mr Hatton	<a href="mailto:hattons@crispins.co.uk">hattons@crispins.co.uk</a>
Year 10	Mrs Tavaga	<a href="mailto:tavagak@crispins.co.uk">tavagak@crispins.co.uk</a>
Year 11	Miss Longhurst	<a href="mailto:longhurstk@crispins.co.uk">longhurstk@crispins.co.uk</a>
Year 12	Mr Yeatman	<a href="mailto:yeatmanc@crispins.co.uk">yeatmanc@crispins.co.uk</a>
Year 13	Mrs West	<a href="mailto:westk@crispins.co.uk">westk@crispins.co.uk</a>



# 10 POSITIVE MENTAL HEALTH HABITS TO MAINTAIN DURING LOCAL LOCKDOWNS



## MINDFULNESS

Use mindfulness activities to try and stay focused on the present moment and to help calm your mind and body



## POSITIVE RELATIONSHIPS

Maintain relationships and try and keep in contact with friends and family via a variety of online technology



## SOCIAL MEDIA

Limit your time on social media. Try and reduce the amount of time you check the news



## CREATIVITY

Be creative and give yourself a new activity or challenge to achieve



## ACTIVITY PLANNER

Organise your weekend and don't forget to schedule activities that provide you with a sense of pleasure and achievement.



## KEEP ACTIVE

Be active throughout your day and try to engage in regular exercise



## TAP INTO POSITIVE EMOTIONS

Tap into positive emotions. Each night before bed write down 3 good things you have achieved from your day



## RELAXATION TIME

Make sure you have time scheduled in for yourself to engage in some self care activities and relaxation



## FAMILY TEAMWORK

Work together with your family as a team. Support, listen, care, help and be there for each other



## TALK AND ASK FOR SUPPORT

Talk to others about what you are feeling and thinking and don't be afraid to ask for help

