



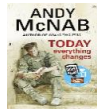
Reading Challenge - Information for Students



Why is it so important to read?

Reading Improves your Confidence and Mental Health

Develops confidence and self-esteem. (Andy McNab). After reading his first book at the age of 16] "I can vividly remember the sense of pride and achievement I felt. It was meant for primary school children but I didn't care ... From then on I read anything and everything I could get my hands on."



Helps you to deal with complex issues from the safe fictional environment of the book

Children who read are three times more likely to have higher levels of mental wellbeing

Increases empathy – research shows that young people who read are more empathetic!

Reading Makes You Smarter

Reading impacts how you perform in every subject

Studies show that if you read, you will even do 10% better in maths!

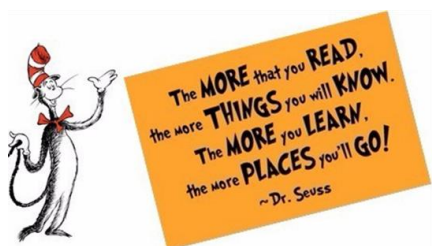
Science achievement: Researchers found that the strongest factor affecting pupils' science scores is reading comprehension

Reading improves vocabulary by 26% regardless of background



ST. CRISPIN'S REMARKABLE READING CHALLENGE

We want **every** student in St. Crispin's to read for at least 15 minutes each day and complete a quiz. Every quiz you complete gets points for your tutor group. When we get back to school the tutor group with the most points will have a pizza party!



What do I have to do?

- You will be sent a reading link and quiz every day
- You listen to the story being read for a maximum of 15 minutes
- You then complete the online quiz which has ten questions
- You get points for your tutor group