

Physical Education Assessment: Key Stage 3 Steps

Step	Quality of performance
8-9	<p>The quality of technique is maintained for all skills and throughout all practices in a variety of sports.</p> <p>The student is consistently effective in applying their technique, even when faced with more pressure and direct competition with other high ability students</p> <p>When performing there are very few errors in technique and the student is adaptive when faced with progressively challenging situations</p> <p>They have an extremely high level of appropriate fitness and almost always produce the intended results/accuracy.</p> <p>The student shows a high level of ability to make successful and effective tactical and strategic decisions, almost always fully appropriate to maximise their performance in events, achieving very high results</p>
7	<p>The quality of technique is maintained for all skills, including those that are more advanced, but may deteriorate in the most challenging competitive situations in some sports</p> <p>The student is effective in applying their technique in competitive situations, although consistency may start to deteriorate when faced with more pressure and direct competition in some sports</p> <p>They have an above average level of appropriate fitness and regularly produce the intended results/accuracy</p> <p>The student shows the ability to make successful and effective tactical and strategic decisions, usually relevant to maximise their performance in competitive situations, with only minor lapses.</p>
6	<p>The quality of technique is maintained for the majority of skills and throughout most practices. They may have some difficulty in applying these in more competitive situations</p> <p>The student becoming more effective in applying their technique in a variety of competitive situations although they may make some mistakes when playing some sports.</p> <p>Their fitness levels enable them to maintain their level of performance through the duration of lessons</p> <p>The student shows the ability to make successful and effective tactical and strategic decisions but there are lapses in some sports</p>
5	<p>The quality of technique is maintained for most skills and throughout simple conditioned games & practices. It begins to deteriorate in the more challenging competitive situations</p> <p>The student shows some effectiveness in applying their technique in competitive situations, although consistency does start to deteriorate in particular sports when faced with more pressure and direct competition.</p> <p>Their level of fitness enables them to effectively take part in competitive games and they regularly produced the intended results/accuracy</p> <p>The student shows some ability to make successful and effective tactical & strategic decisions although there application is inconsistent</p>
4	<p>The quality of technique is maintained for skills in some sports but not all. It begins to deteriorate in challenging practices and competitive situations.</p> <p>The student shows some effectiveness in applying their technique in game situations, although consistency there is a lack of consistency between sports</p> <p>There can be frequent errors and the student is only occasionally adaptive when faced with progressively challenging situations</p>

	<p>Their level of fitness enables them to effectively take part in competitive games</p> <p>The student shows some ability to make successful and effective tactical & strategic decisions although they can struggle to apply them effectively</p>
3	<p>The quality of technique is maintained for some skills but deteriorates in challenging practices and some competitive situations.</p> <p>The student is occasionally effective in both practises and competitive situations, but deteriorates when faced with more pressure and direct competition.</p> <p>There are likely to be frequent errors and the student may be unable to adapt when faced with progressively challenging situations</p> <p>Their level of fitness is beginning to become a limiting factor when taking part in competitive games. As a result their intended results/accuracy is inconsistent</p> <p>The student shows only a limited ability to make tactical and strategic decisions and they are seldom relevant to maximise potential in either event with limited results</p>
2	<p>The quality of technique is maintained for few skills but mostly deteriorates in the most challenging practices.</p> <p>The student is generally ineffective in practises and competitive situations and consistency deteriorates when faced with more pressure and direct competition.</p> <p>There are likely to be frequent errors in both events and the student may be unable to adapt when faced with progressively challenging situations.</p> <p>Their level of fitness is a limiting factor when taking part in competitive games. Their intended result/accuracy is low</p> <p>The student shows only a limited ability to make tactical and strategic decisions and they are seldom relevant to maximise potential in either event with limited results</p>
0-1	<p>There is little difference between the application of skill in practise and in a competitive situation.</p> <p>The student has little to no impact on the competitive situation and is usually unable to make any successful influence on the game.</p>
Working towards	<p>Basic sending and receiving skills and developing in a range of activities and with a range of equipment in practice situations.</p> <p>The student is not able to take part in competitive situations as the performance immediately breaks down.</p>

Overview:

Year Group	Curriculum Details – Skills and Content
7	<p>Focus: Bridging the gap between KS2 & 3</p> <p>The first term is spent introducing pupils to PE at St Crispin’s and our 6 area’s of assessment (Physical, Social, Personal, Creative, Cognitive & Health/Fitness). These will be taught though both traditional & non-traditional sports and activities. Pupils are set at the end of the first half term which is viewed half termly.</p> <p>Pupils will also experience the importance of team work and how they can best support their peers in lessons so that they feel valued and learn how to make a positive contribution in other ways, not just through practical ability.</p> <p>As the year progresses they will experience playing in a range of sporting activities and situations that will enable them to acquire and develop the practical skills needed to participate in physical activity at a competitive or recreational level. Our extensive extra-curricular programme supports this though providing opportunities for pupils to further their experiences outside of the classroom.</p> <p>Pupils will all take part in some form of competitive sport through inter-form activities throughout the year.</p>
8	<p>Again pupils experience a broad and balanced curriculum in Year 8 as they develop their tactical and compositional knowledge within a range of sports and activities. They will have the opportunity to apply their techniques in more complex sporting situations. They will begin to undertake the role of coach and official to give them a more rounded understanding of Physical Education and the skills required to be successful in these areas. They will also develop analytical skills to help support others in lessons and investigate the impact of fitness levels in sport.</p>
9	<p>As pupils move into Year 9 they are introduced to sports pathways. This involves the students having some choice in the activities that they learn through and they broadly follow either a team/competitive pathway, team/individual recreational pathway or a health and fitness pathway.</p> <p>Pupils who are thinking of taking the subject at examination level are also introduced to the assessment outcomes and content of these lessons to help best prepare them for the choices they will make at KS4.</p>