



St. Crispin's School Policy

Sex and Relationships Education Policy

| Version Number | Date Created | Changes or reason for Update | Date Approved |
|----------------|--------------|---|---------------|
| V1 | 2002 | First Issue | 2002 |
| V2 | 02/2007 | Change of responsibility for monitoring | 03/2007 |
| V3 | 03/2009 | Change to Focus Days | 05/2009 |
| V4 | 12/2013 | Clarification of confidentiality; removal of operational aspects. | 03/2014 |
| V5 | 09/2015 | Minor updates | 09/11/2015 |

Next Review of this Policy is due 09/2017



Aims of Sex and Relationships Education

St Crispin's School believes that Sex and Relationships education is an educational entitlement of all students and an integral part of each student's emergence into adulthood. We aim, through a combination of targeted Focus Days and individual subject schemes of work,

- To discover what students know and identify their needs
- To deliver a programme for progressive and differentiated learning which caters to students' needs and is sensitive to individuals and groups
- To encourage self esteem
- To encourage respect and consideration for others
- To encourage an atmosphere where questions and discussion on sexual matters can take place without embarrassment
- To understand the value of family life and the implications of parenthood
- To develop skills in personal relationships.
- To be aware of sources of help and to acquire the skills and confidence to use them

Content

Sex education provides knowledge, and encourages the acquisition of skills and attitudes that will allow students to manage their lives in a responsible and healthy way.

a) Knowledge and information

Key stage 3: Self-Esteem and Relationships, Personal Safety, Sex education including contraception, sexually transmitted infections, safer sex, helping agencies, sex and the law, Gender issues, conception and birth.

Key stage 4: Relationships, family life, conception, birth and contraception, prejudice and stereotyping, different faiths and cultures.

b) Values and beliefs

Students will be encouraged to consider the importance of the following values, which reflect the values of the school:

- Respect and valuing of themselves and others
- Understanding and sensitivity towards the needs and views of others
- Understanding their own sexuality, to express their sexuality in positive ways and to enjoy relationships based on mutual respect and responsibility
- Responsibility to the school, their family and the wider community.
- Responsible behaviour at school, in the family environment and elsewhere.



c) Skills and abilities

Students will be helped to develop the following skills:

- Communication including the making and keeping of relationships
- Assertiveness
- Decision making
- Recognizing and using opportunities to develop a healthy lifestyle.

Specific issues

The following issues may occur and staff, parents and students need to understand the school's procedures.

a) Confidentiality and advice

Students will be made aware that some information cannot be held confidential, and to understand that if certain disclosures are made then certain actions will ensue. At the same time students will be offered sensitive and appropriate support. The following procedures will be adhered to by all adults:

- Disclosure or suspicion of possible abuse, or pregnancy in a student under 16 – the school's child protection procedures will be invoked. (See relevant policy.)
- Students should be asked whether they can tell their parent(s) and whether they want help in doing so. If this takes place subsequent responsibility lies with the parent(s).

Health professionals and visitors involved in the teaching of sex education will be made aware of the policy document and asked to work within its framework.

b) Parental partnership

Parents have the right to withdraw their children from sex education where it is outside the National Curriculum. Parents of Year 9 students will be notified in advance of the Sex Education Focus Day and given the option to withdraw their child from the day. Any such requests should be made to the school as early as possible so that arrangements can be made. Parents are encouraged to talk to the school so that the need for withdrawal is kept to a minimum.

Monitoring and review

- Sex education will be monitored by the PSHCE Subject Leader, Head of Science and the Assistant Head (Pastoral).
- Every two years the Parent and Pupils Governors' Committee will review the policy.